



# Join us for Mental Health Day on the Hill!

Thursday,  
March 15, 2018

We've made great strides in building Minnesota's mental health system, but there is still a great deal of work to do to truly have parity and equity for mental health treatment and services.

Join us at this year's Mental Health Day on the Hill to learn about the issues, talk to your legislators, and make your voice heard at the rally!

## Schedule of Events

9:30 AM to 10:45 AM

***Mental Health Issue Briefing***

Cedar Street Armory, 600 Cedar Street, St. Paul

11:00 AM to 12:00 PM

***Mental Health Day on the Hill Rally***

State Capitol Rotunda

12:00 PM to 2:30 PM

***Visits with Legislators/Lunch***

Call legislators to make appointments in advance.

Click [here](#) to find your legislators. If you make appointments, please email appointment details to [ssmith@namimn.org](mailto:ssmith@namimn.org).

***Need help? Not sure where to go? Check in with volunteers for help in Capitol Conference Room G20A.***

2:30 PM

***Buses depart from Cedar Street Armory***

## Need a Ride?

Free bus transportation is available across the state so you can attend Mental Health Day on the Hill.

Check out the routes and register online [here](#).

## Questions?

[www.mentalhealthmn.org](http://www.mentalhealthmn.org)  
1-800-862-1799

[www.namihelps.org](http://www.namihelps.org)  
1-888-NAMI HELPS

Mental Health Day on the Hill is sponsored by the Mental Health Legislative Network.