

MENTAL HEALTH Minnesota

The Voice of Recovery

2015 ANNUAL REPORT

LETTER FROM THE EXECUTIVE DIRECTOR

Dear Friends,

2015 was a year full of change at our organization! In January, I took over as executive director. In April, our organization changed its name and “adopted” the Minnesota Warmline, which was a terrific complement to our long-standing Client Advocacy service.

I am inspired and humbled every day by the work our advocates and Warmline operators do to help people across the state of Minnesota working on their mental health recovery. Every person who reaches out to our advocates and operators has a unique story. One person may be working, but need an accommodation at their workplace so they can continue employment and are not sure how to ask for it. Another may be having difficulties finding the right provider in a rural area. Yet another may be very lonely and isolated and just need a connection to another person.

These services are there for anyone who needs them, across the state of Minnesota...free of charge. I am proud to say that our organization took more than 3,300 calls from 73 counties in Minnesota in 2015. In addition, last year nearly 100,000 people took an online mental health screening through our website, up from 14,000 the year before. 85% of those taking the screening were between the ages of 18 and 34, when symptoms of mental illness often first start to appear. I expect all of these numbers to increase significantly in 2016, especially as we work to make our organization and its services are more accessible to more people across the state.

As we move forward, we are thinking a great deal about how we can use 76+ years of organizational success as a springboard to future success. How will we make our popular Steps to Wellness packet more interactive and engaging for users? Workshops across the state? An app? Could we expand the peer-to-peer approach that has been so successful with the Warmline to other programs? What else should we be doing to reach the one in five people who experience a mental illness in their lifetime, and how can we work to increase the likelihood that young people first experiencing symptoms get the help they need?

2016 will be another year of change, challenges and possibilities. I am so grateful to all who help make our work possible, and am honored to serve people across Minnesota through our work. Thank you for your support!



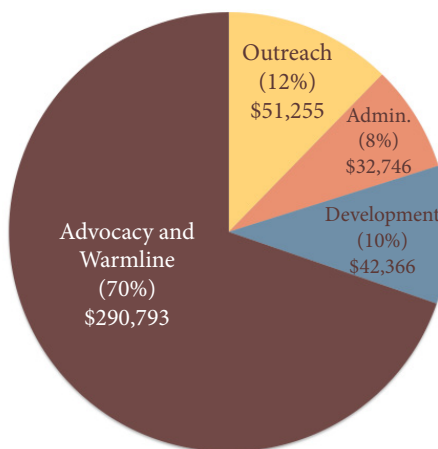

Shannah C. Mulvihill

ASSETS	12/31/15
Current Assets	
Cash and cash equivalents	\$98,523
Investments	\$684,904
Accounts Receivable	\$32,997
Prepaid Expenses	\$2,794
Total Current Assets	\$819,218
Property and Equipment	\$60,248
Less: Accumulated Depreciation	\$ (60,248)
Total Property and Equipment	\$0
Total Assets	\$819,218
LIABILITIES AND ASSETS	
Current Liabilities	
Accounts Payable	\$0
Accrued Expenses	\$7,604
Total Current Liabilities	\$7,604
Net Assets	
Unrestricted	\$811,614
Temporarily Restricted	\$0
Total Net Assets	\$811,614
Total Liabilities and Net Assets	\$819,218

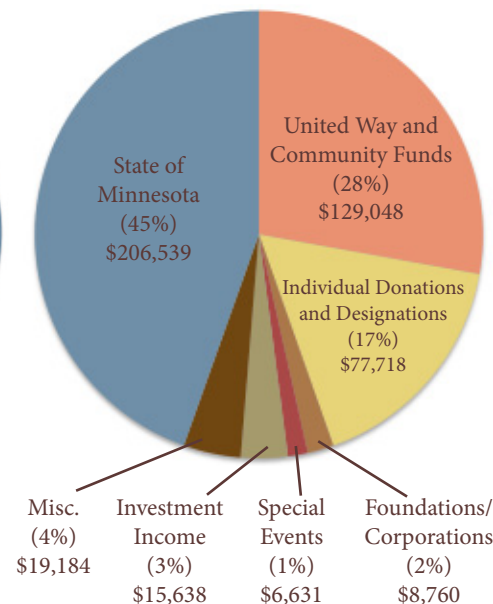
2015 FINANCIAL REPORT

STATEMENT OF FINANCIAL POSITION

2015 Expenses



2015 Revenue



2015 BOARD MEMBERS

Linda L. Cutler, JD (President)

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CONNECT WITH US!



/Mentalhealthmn



@mentalhealthmn
mentalhealthmn.org



Mental Health Minnesota

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EMAIL: info@mentalhealthmn.org

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2015 HIGHLIGHTS

Mental Health Minnesota's mission is to enhance mental health, promote individual empowerment, and increase access to treatment and services for persons with mental illnesses.



\$50 million

In state funding appropriated to mental health in the areas of crisis response, early intervention, and community services

175%

increase in Minnesota Warmline calls between April and December



January 2015

December 2015

8



68

Members of our
Ambassador Network

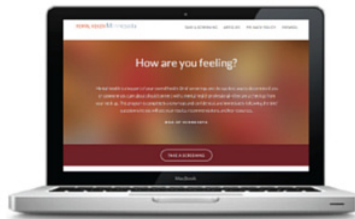
Members of our
Ambassador Network

57

Presentations and exhibits
to increase public
education and
reduce stigma



99,725



Anonymous mental health online screenings were taken on our website

70%

of Mental Health
Minnesota staff are
Certified Peer
Specialists

Depression and Bipolar
Support Alliance
Groups statewide

8

3,394 miles

traveled by our Executive Director, Shannah Mulvihill
across the state of Minnesota in 2015

558

Cases handled by
Client Advocates

73 counties

Served by the Minnesota Warmline and
Client Advocacy service



251 people trained
at conferences and events
across the state

63% increase



in social media presence

MENTAL HEALTH Minnesota
The Voice of Recovery

2015 DONORS

Memorial Gifts

Dr. Richard and Elizabeth Anderson (in memory of Peggy Swenby) - Alejandro and Nancy Ferreira (in memory of Peggy Swenby) - Jean Greenwood (in memory of Jay Andrew) - Eugene and Joyce Haselmann (in memory of Jay Moore) - Janice M. Hegler (in memory of Daniel Steven Hegler) - Carol and Herb Inderrieden (in memory of Kathy Van Beck) - James and Victoria Lagges (in memory of Irene Lagges) - Carol Mannetter (in memory of Peggy Swenby) - Carl R. Noren (in memory of Irene Noren) - Jerry and Carol Norling (in memory of Tim Norling) - Krista Scott (in memory of James Moore) - R.T. Sprague and Glenice Sprague (in memory of Peggy Swenby)

United Way and Community Funds

Almond Township - Beardsley Area United Fund Drive - Caledonia United Way / Charities - Central Mille Lacs United Way - Combined Sharing Plan - Echo Township United Fund - Emerald Township United Fund Drive - Gale Family Foundation - Gary Cares - Greater Twin Cities United Way - Hancock Township United Fund - Henning Community Fund - Herman United Fund - Highwater Township Fund - Jackson United Fund, Inc. - Kiwanis Club of St. Anthony MN Foundation - Lake Benton Community Chest - Lake Valley Charities - Rome Township Community Chest - Rosendale Township United Fund - St. James Township United Fund - Swede Grove Drive for Charities - United Fund of Garden City Township - United Fund of Le Sueur - United Way of Central Minnesota - United Way of Fairmont, Inc. - Verona Township United Way - Washington Lake Township Combined Fund - Wood Lake Township Rural Charities - Zumbrota Combined Charities

Individual Donations

Janet H. Albers - Jeffrey and Jodine Alberts - Barbara Amram - Bruce and Linda Anderson - Chris Angelos - Beth Arel - Dr. John Austin and Dr. Elizabeth Baraga Super - Sharon Autio - Lore Baarstad - Daniel Ballek - Diane Bauer - Tom Bergstrom and Melissa Downey - Bonnie Braun Padilla - Sharon Brever and Ardeen Brever - James Bryan and Laura McCallum Bryan - Eddy Christensson - Terry M. and Katherine M. Cummings - Kenneth and Linda Cutler - Anastasia Cyptar - Kimberly J. Dahlstrom - Virginia Dahlstrom - Janet and Dennis Dale - Devin Davies - Mark Dickerson and Christen Rennich - Maxine K. Dilliard - A. Brian Doran - Jaime and Kari Driggs - Dr. Phillip L. and Sandra R. Edwardson - Phillip and Susan Fantle - Barbara H. Flanigan - Matthew Freudenrich - Steven and Sara Gabel - James and Mary Gardner - Charles and Jeffrey Garetz - Lou and Kelly Gomez - Robert Gordon - Dawn and Carl Gordon - Dr. Seymour Gross - Patrick J. Hagan - John Hamre - Richard Harges - Chris Harrison - Paul F. and Renee Hayden - Holly Hayes Berger - Bradley and Ann Heltemes - Duane Henkelman - Marie Hilligoss - Donald Hirasuna - Reverend and Mrs. Hoeft - Joyce Hoelting and Jeff Wynne - Lucie Holzemer and Wallace Mattson - Frank and Barbara Janisch - Royal and Patricia Jaros - Robert V. and Pam Johnston - Thomas and Therese Johnston - Patrick Julik - Bob and Jayme Keseley - Claire King - Mrs. Helen Klanderud - Hali Kolkind - Loren and Judith Koppelman - Kristin Koppelman - Nadia Kozak - David and Pamela Lande - Vincent and Anne LaPorte - James Larson - Gordon T. and Mary Lesch - Maggie Leshner - Russ and Sharon Lewellen - Pamela Lillich - Tom and Mari Lowe - Lawrence Lunzer - Richard and Angela Luther - Ronald Lux - Fr. Christophe Manahan - James Martineau - Guy Marzano and Christine Leick - Ralph Maves - Mark R. McDonald - Darlene Melquist - Mendon F. Schutt Family Fund - Christopher Middlebrook - Terry Moore - Shannah and Rob Mulvihill - Timothy Murphy - Marybeth Nelson - Bruce and Bobby Nemer - Eric Newman and Janice Gepner - Mark and Jackie Nolan - Greg Ohrt - Robert and Carol Oldowski - Paul Peltz, CPA - Jack B. Pfaff - William and Mary Quinn - Michael Randall - Janet Rice - Paul and Lisa Rippe - David and J. Susan Robertson - Nancy L. Roehr and Steven Euller - Wendy Rose - Roger and Barb Rubin - Steven L. Savitt, PhD - Frank Schiefelbein - Charles Schneider - Steven and Joan Schoenecker - Matthew Schumacher - Lyall A. and Inez M. Schwarzkopf - Sisters of St. Joseph of Carondelet - Norman Greenberg and Beth Silverwater - Linda Sjoberg - Jane Skjerven - Robin Smothers - Mike and Brenda Staloch - Joann Stork - Mary K. Tambornino - Thomas Telander - Shelley Theisen - Peter Thelen - Gretta Thorson - Michael Trangle, MD and Barbara Beutler - Charlene Trautman - Paul and Sandra Trenda - Marianne Tyrrell - Stephen M. Underdal - Esther Wattenberg - Stuart Webb - Sandra Williams - Jon and Colleen Wincentsen - Margaret and Dean Youngberg - John M. Zakelj and Bonnie Watkins - Thomas Zimbeck

In Kind Gifts

B&W Coffee - Bunny's Bar and Grill - Burger Jones - Dunn Bros - Gear Running - General Mills - Lou and Kelly Gomez - Patrick J. Hagan - Kottke Fine Jewelers - Lifetime Fitness - The Locker - The Lowbrow - Minnesota Swarm - Moose Country Bar and Grill - Paul Peltz - Wendy Rose - Run N Fun Running - St. Paul Saints