

MENTAL HEALTH
Minnesota
The Voice of Recovery

2018
Annual Report

2018 Highlights



Minnesota Warmline Hits New Milestone of 10,000+ Calls

The Minnesota Warmline provides people across Minnesota with an opportunity to connect with others, find support, reduce social isolation, and talk about their concerns in a peer-to-peer environment.

Our Warmline took more than 10,700 calls and texts in 2018, from 73 counties across Minnesota. That was a 30% increase over 2017.

DHS Innovations Grant Received by Organization

Mental Health Minnesota received an Innovations Grant in 2018 from the Department of Human Services Disability Services Division to support peer-to-peer groups for people living with a serious mental illness who are interested in seeking employment.

The "Steps to Employment" groups will provide a unique peer-to-peer approach to employment readiness, providing support and a path to successful employment for people across the state.



MENTAL HEALTH



2018 DAY ON THE HILL

Mental Health Minnesota Leads Mental Health Day on the Hill at Minnesota Capitol

Mental Health Minnesota led Mental Health Day on the Hill at the Minnesota Capitol in March 2018, as a co-chair of the Mental Health Legislative Network.

The 2018 theme addressed parity and equity for mental health, as there is still significant work to do to truly have parity and equity for mental health treatment and services.

More than 500 people attended the event.

Mental Health Minnesota Opens Helpline

In the fall of 2018, Mental Health Minnesota transitioned its Individual Advocacy program to a Mental Health Helpline, with the hope of serving more people across Minnesota while also reducing program costs. The Helpline provides people with information and referrals, helps to determine next steps, and directly connects people to services in communities across the state of Minnesota.

The new Helpline added an online chat function, which has already been used by nearly two-thirds of people connecting with Helpline staff.



The mission of Mental Health Minnesota is to enhance mental health, promote individual empowerment, and increase access to treatment and services for persons living with mental illness.

We work to help people in their journey toward mental health recovery and wellness through direct service, public policy, education and outreach. Our vision is improved lives for those living with mental illness.

2018 Financial Report

Statement of Financial Position

Assets

Current Assets

Cash and cash equivalents	\$65,474
Investments	\$605,841
Accounts Receivable	\$14,191
Prepaid Expenses	\$2,821

Total Current Assets \$688,945

Property and Equipment	\$61,483
Less: Accumulated Depreciation	(\$60,865)

Total Property and Equipment \$618

Total Assets \$688,945

Liabilities and Net Assets

Current Liabilities

Accounts Payable/Accrued Expenses	\$8,991
-----------------------------------	---------

Total Current Liabilities \$8,991

Net Assets

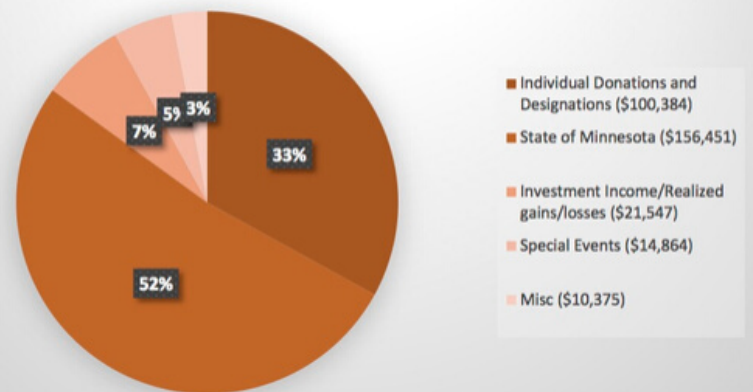
Unrestricted	\$679,954
Temporarily Restricted	-

Total Net Assets \$679,954

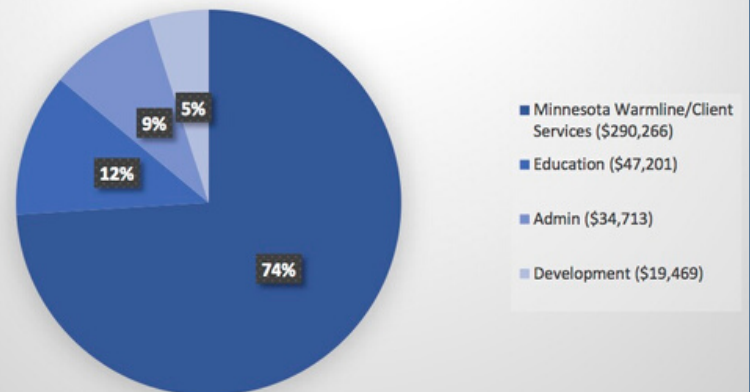
Total Liabilities and Net Assets \$688,945

12/31/18

2018 Revenue



2018 Expenses



Mental Health Minnesota

2233 University Ave West
Suite 200

St. Paul, MN 55114

Phone: 651.493.6634

www.mentalhealthmn.org

2018 Board of Directors

- Jaime Driggs, JD (President) - Linda L. Cutler, JD (Past President) -
- Anastasia Cyptar (Vice President) - Beth Silverwater (Treasurer) -
- Sharon Autio - Royal Jaros - Patrick Rhone - Linda Sjoberg -
- Beth Sullivan - Michael Trangle, MD -

Executive Director: Shannah C. Mulvihill, MA