

A photograph of three people of diverse backgrounds gathered around a laptop. A woman in a blue hijab and dark blue top is pointing at the screen. A man in a white t-shirt is looking at the screen. A woman with dark hair is smiling and looking at the screen. They are in a casual setting with a wooden wall in the background.

**July is Bebe Moore Campbell National Minority
Mental Health Awareness Month**

**Whether you're caring for yourself, your
community, or pushing for change,
mhanational.org/july has tools to help.**



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